

OA - '90 DAY' TELEPHONE MEETINGS - Eastern Standard Time (USA)

May '2019

Group #	DAY	TYPE	TIME	PHONE #	PIN#	Contact Name / Tel.#	Add'l info
55021	Sunday	Big Book	8am	1-605-313-5146	616525#	Rachel 1-734-395-3251 /est	Discussion
55167	Sunday	Men's mtg	8:30am	1-563-999-2090	316200#	Neil R. 1-410-318-6737 /est	
						Play back recording #: 605-313-4105	
55360	Sunday	Big Book Disc	2pm	1-605-313-4477	423295#	Lisa M. 011-49-17681778889	EST + 6 hours
55012	Sunday	Spkr/Disc	8pm	1-515-604-9742	152802#	Cheryl E. 1-972-239-5241 /cst	F2F + Tel. (TX)
55500	Monday	Spkr/Disc	7am	1-605-313-5146	212416#	Joanne S. 1-978-204-6037 /est	
55560	Monday	Trad/Disc	8:30am	1-605-472-5430	143951#	Georgeann 1-623-341-0001 /m/p	use OA 12 & 12
55003	Monday	'For Today'	10am	1-515-606-5628	361336#	Lynn D. 1-630-269-0738 /est	Discussion
55259	Monday	Spkr/Disc	6pm	1-515-606-5432	342177#	Kristy 1-859-321-4891 /est	Beginner Q&A -end of mtg
						also Kathy 1-802-376-4322 /est	
55510	Monday	Spkr/Disc	7pm	1-712-770-4614	964781#	Celeste 1-802-376-3507 /est	F2F + Tel. (VT)
55490	Monday	Spkr/Disc	7pm	1-712-775-7035	149814#	Stephanie 1-727-641-3437 /est	F2F + Tel. (FL)
55276	Monday	Big Book	8pm	1-605-313-4488	235224#	Jean B. 1-617-767-9134 /est	Discussion
55545	Monday	Spkr/Disc	11pm	1-515-604-9919	168481#	Bob 1-314-256-9574 /cst	
55245	Tuesday	Women's mtg	9:30am	1-605-313-5149	964221#	Carol S. 1-919-985-1959 /est	Spkr/Disc
55386	Tuesday	Spkr/Disc	4:30pm	1-712-775-7035	318539#	Cathy C. 1-352-323-0833 /est	(FL)
55358	Tuesday	Spkr/Disc	7pm	1-605-475-4850	197132#	Al S. 1-617-592-3715 /est	F2F + Tel. (MA)
55001	Tuesday	Spkr/Disc	8pm	1-605-313-5152	171863#	Grace S. 1-707-480-6936 /est	
						also - Tel.# 39-06-8-881-2000 same as below Skype: Talkyou_skype *1 / Press * for English	
55158	Tuesday	Italian	9pm	39-02-8-721-2000	014219#		International
55547	Wednesday	Spkr/Disc	7am	1-605-313-5149	138973#	Joanne S. 1-978-204-6037 /est	
		Recorded Speakers:	https://wednesdaymorningoa.wixsite.com/mysite / 1st & 3rd Wed /			Playback tel #: 641-715-3372, Pin - 976639#	
55244	Wednesday	Spkr/Disc	10am	1-712-451-1095	106702#	Barbara 1-760-638-3995 /pst	Keeping Spiritually Fit
55018	Wednesday	Spkr/Disc	1pm	1-641-715-0864	494591#	Chana Basj 1-978-808-6111 /est	
55385	Wednesday	Spkr/Disc	8pm	1-515-604-9742	152802#	Frumah 1-845-548-0518 /est	
55319	Thursday	'For Today'	7:30am	1-605-475-4777	505284#	Larissa 1-303-345-4187 /mst	
55462	Thursday	Beginners/Lit	10am	1-605-472-5278	153663#	April D. 1-724-987-0582 /est	Pamphlets/Disc
55305	Thursday	Spkr/Disc	11am	1-605-313-5149	964221#	Karl Y. 1-727-244-8976 /est	Health issues
55002	Thursday	Spkr/Disc	8pm	1-712-451-0673	419032#	Lori 1-210-829-4195 /cst	Basic 90 Day focus
55157	Friday	Spkr/Disc	9am	1-712-770-4160	156173#	Bruce G. 1-408-655-0407 /pst	
55320	Friday	Spkr/Disc	11am	1-605-313-5149	964221#	Karl Y. 1-727-244-8976 /est	Health issues
55044	Friday	Spkr/Disc	6pm	1-605-313-5143	713226#	Madeleine 1-808-673-9611 /HI	(HI-6 hrs behind EST)
55562	Saturday	German	2am	00 4930 25557611	4426506#	Martina 004-9176-34635671	>6hrs- Germany 8AM
34970	Saturday	Spkr/Disc	7:15am	1-302-202-1102	277158#	Jay 1-617-699-2233 /est	Listen only - MA
						For meeting format see - Website: 90DayOA.weebly.com	
55023	Saturday	'For Today'	8am	1-605-313-5149	242083#	Alissa 1-214-207-6520 /cst	Discussion
							1 + 1/4 hour length
55062	Saturday	Spkr/BB/12+12	10am	1-515-604-9834	773844#	Mandy 1-303-915-6188 /mst	F2F + Tel. (CO)
						For Format see this website: https://oa90sat4pmmmeeting.wixsite.com/phonemeeting	
55204	Saturday	Spkr/Disc	4pm	1-712-451-0921	911188#	Emily 1-773-425-3488 /cst	

Directions: Dial meeting phone number and follow prompt to enter pin number followed by the # sign.

Keep your phone muted except to share. The meeting leader will give instructions on how to do so.

It is requested that those sharing have 90 days or more of continuous abstinence.

Note: Some meetings are both 'Face to Face' (F2F) + Tel. meetings - callers can participate with local attenders.

Phone Meetings are 1 hour long (except only Sat. 10am is 1+1/4 hr) // See OA.org website for all add'l info!

OA World Service Office (WSO), 6075 Zenith Ct., Rio Rancho, NM 87144-4020 / Phone # is 1-505-891-2664 / email: info@oa.org

The OA Website is 'www.oa.org' / For all other OA Phone Meetings -Go to: www.oa.org, click on meetings, select telephone meetings)