

Chairs Report – March 18, 2012

It was another productive intergroup meeting, the 12 Step Committee is making its final preparations for their sex in recovery work shop. The Professional Outreach & Public Information Committees were making preparations for getting volunteers to attend the Health Fair that is being held in Woburn, MA as well as following up with their regular committee agendas.

We officially have a new webmaster his name is Brandon, from Woburn. Again I'd like to thank Anne from Cambridge for her many years of service as the MBI webmaster, your years of service to MBI are greatly appreciated and Brandon for his willingness to take on this service position.

MBI is going to be able to send 6 delegates to the Region 6 Spring Business Conference in Albany, New York. The delegates that are registered to attend are:

Beany – Woburn
Lisa F. – Andover
Cathy B. – Lowell
Ron – Medford
Bobbie – Waltham
Kelly - Arlington

Also one of our new MBI delegates Marie – Reading, will be attending as a visitor and volunteer if she is needed at the conference. Thank you all for your willingness to do service at higher levels and attending Region 6.

Thank you to Pat C. for continuing to patiently review the by-laws and for challenging us to review the portions that apply to each individual delegate as well as the various committee chairs to see where improvements in the by-laws or language changes need to be made.

Pat has also volunteered to take the list of MBI meetings that is sent to the Chair each year, and verify which meetings are active and which meetings no longer exist. That's quite an undertaking, thank you for your willingness.

Thank you all for your willingness to do service at Mass Bay Intergroup.
Yours in Recovery,
Beany

VICE-CHAIR REPORT – March 2012

- The next scheduled Region 6 Assembly will be held April 21st, 2012 at the Hilton Garden Inn, Albany Medical Center in Albany NY from 9:00 a.m. to 6:00 p.m.
- Deadline for the group rate at the hotel is March 31st, 2012. Call 518-396-3500.
- There will be a Region 6 board meeting Friday April 20th, 2012 at the Hilton Garden Inn.
- The World Service Business Conference will be held at the Embassy Suites Albuquerque Hotel and Spa at 1000 Woodward Place NE, Albuquerque, NM 87102 from Monday April 30th to May 5th, 2012.
- The Region 6 Convention: Recovery A Capital Idea, will be held at 101 Lyon Street Ottawa, Ontario K1R 5T9 from October 26th, 2012 to October 28th, 2012.
- The Region 6 Fall Assembly will be held on Saturday, September 29th, 2012 at the Hilton Garden Inn Albany Medical Center in Albany NY from 9:00 a.m. to 6:00 p.m.
- Deadline for the group rate at the hotel is Saturday September 8th, 2012. Call 518-396-3500.
- There will be a Region 6 board meeting Friday September 28th, 2012 at the Hilton Garden Inn.
- IDEA day (International Day Experiencing Abstinence) will be Saturday November 17th, 2012.
- Twelfth-Step-Within Day will be Monday, December 12th, 2012.

[Type text]

INDEX

Committee Reports	Page 1-2
Update from World Service	Page 3
Upcoming Events (Please announce)	Page 4
Telephone and MBI Info.	Page 5

- See the Region 6 website
www.oaregion6.org for more information.
 Sincerely-Lisa (Andover)

BYLAWS REPORT - March 2012-
 No report this month

TREASURER'S REPORT - March 2012

Donations remain steady. Thanks to all groups!

Some groups send in their donations using their group # and then to Medical Outreach to look your group # and then to the group that donated. Please provide the name of the group that donated. Please provide the name of the group that donated. Please provide the name of the group that donated.

Kelly, Treasurer

Donations

Chelsea Saturday AM Mens	\$82.00
Sunday 8 AM Arlington	\$64.00
Monday Lowell Group	\$364.09
Friday Morning Woburn	\$100.00
Wednesday 7 PM Shaughnessy Hosp	\$102.07
Saturday Medford 9 AM	\$100.00
Cambridge Tufts Tuesday	\$ 8.00
Anonymous	\$ 60.00
Salem Saturday AM	\$ 117.00
#45823 - Newton Corner Mtg	\$ 408.60
#45148 - Andover Meeting	\$ 150.00
#34970 - Newton Meeting	\$ 261.75
Total	\$ 1,817.51
Citizens Bank:	
Checking Account	\$15,371.30
Savings Account	\$ 5,001.38
	\$20,372.68

PROFESSIONAL OUTREACH REPORT - March 2012

Forty packets are available for OA members to give directly to Medical Outreach. Please provide the name of the group that donated. Please provide the name of the group that donated. Please provide the name of the group that donated.

For those who prefer to have a packet sent, please call the MBI office and give Pat the name and address of the professional and she will send the packet out! 781 641 2303

Service opportunity contact list will be started, to let members know about upcoming service opportunities, such as staffing the OA booth at the March 31st Wellness Expo in Woburn, MA. Cathy B

March Office Activity

Phone calls	31
Emails	36
CD	16
Newcomer Packets	22
Newsletter Copied And Mailed	yes

12th STEP REPORT -March 2012

The 12th Step Committee continues to work on the Recovery and Sexuality Workshop, which will be held April 14, 2012 at the Stoneham Senior Center, Stoneham, MA from 9AM to noon. Contrary to a previous notice, there is no pre-registration at 8:30AM

PUBLIC INFORMATION REPORT March 2012

Preparations were made for the Woburn health event at the end of the month. Cathy got people to man the booth from 9 - 12. Ron procured banners and other material to supply the booth.
 Ron

Next MBI Meeting-
9:15am
Sunday April 15th
Stoneham Senior Center
Come join us for
fellowship and Service!

OA's Best-Selling Books: Now for e-Readers

Five of OA's best-selling books are now available in popular e-reader and mobile-device formats. To find these books, go to your e-reader store and search by title. They are not available through OA's online bookstore.

The Twelve Steps and Twelve Traditions of Overeaters Anonymous

Provides a detailed, moving exploration of how OA's Steps and Traditions help members recover and how the Fellowship functions as a whole. **e-reader price: \$6.50**

For Today

Offers inspiring and thought-provoking affirmations and readings for each day of the year, written especially for OA members. **e-reader price: \$6.50**

Voices of Recovery

This daily reader contains inspirational quotations from OA literature along with experience, strength and hope written by OA members for OA members. **e-reader price: \$6.50**

Overeaters Anonymous, Second Edition

Includes personal stories of OA members, the complete text of "Our Invitation to You," the founder's story, and views of the program by non-OA professionals. **e-reader price: \$6.50**

Abstinence: Members of Overeaters Anonymous Share

Their Experience, Strength and Hope

Member-written essays from *Lifeline* magazine offer help, encouragement and direction as you strive for and maintain abstinence. **e-reader price: \$5.75**

NEW! Updated Suggested Meeting Format Includes Abridged Tools

At the November 2011 Board of Trustees meeting, the board members approved updates and revisions for the Suggested Meeting Format: www.oa.org/pdfs/suggested_meeting_format.pdf. The revisions include more inclusive language, an emphasis on abstinent sponsors, added focus on *Lifeline* magazine and updated guidelines for collecting Seventh-Tradition contributions.

In addition, the new meeting format includes the *Abridged Tools of Recovery*. This is a board-approved abridgement that provides two or three-sentence descriptions of each tool, taken directly from *The Tools of Recovery* pamphlet. OA groups can use this abridgement to save time during meetings. The *Abridged Tools of Recovery* is also available as a stand-alone document: www.oa.org/pdfs/Abridged_Tools_2011_final.pdf

Upcoming Events and Information

(CORRESPONDING SECRETARY'S REPORT)

Please make flyers available to your meeting

April 27 -29, 2012 Duxbury MA
Seaside Serenity Retreat(Miramar Retreat Center)
 Time 4:00 Friday
 Address: 121 Parks St. Duxbury, MA
 Cost: \$215 – Double Occupancy

June 1-3, 2012 Westfield, MA
A Guided Journey through the 12 steps of OA
 Time: 4:00 Friday
 Address: 53 Mill Street, Westfield, MA
 Cost: \$195

News from WSO

Sign up for WSO email news updates
www.oa.org/services-for-members/service-body.php

Latest issue of STEP AHEAD ONLINE is posted at: www.oa.org/services-for-members/newsletter.php

The Fine Print

The MBI Newsletter is a monthly publication of the OA Mass Bay Intergroup and the opinions expressed are those of the writer, not those of MBI or OA as a whole.

Please send submissions to: MBI, Sally S., Newsletter Chair, and P.O. Box 74, Arlington, MA 02476.

Material cannot be returned nor payment made. We reserve the right to edit. Other anonymous groups may reprint without permission

For more events, see the website:
www.oaregion6.org

OA Tradition Eleven

Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, films, television, and other public media of communication.

2012 MBI Meeting Dates – Mark your calendars!

- April 15
- May 20
- June 24
- July 15
- August 19
- September 16
- October 21
- November 18
- December 16

Sunday mornings, 9:15AM, Stoneham Senior Center