

## Suggested Highlights – September 2017

### **MBI Intergroup:**

- **2nd Annual MBI Fall Retreat – October 6-8, 2017 – Espousal Center, Waltham, MA.** “Practicing these Principles in all our affairs” and studying the 12 Steps of OA will be the focus of our retreat. Come away for a quiet weekend. Enjoy five abstinent meals together and reflect on your abstinence. All rooms are private. Cost is \$175. The Flyer and Registration form is attached and is also on the MBI website ([www.oambi.org](http://www.oambi.org)). Registrations **must be received by September 30<sup>th</sup>** to give the Espousal Retreat House adequate time to prepare for our retreat. We have learned that there are still plenty of rooms. **Please announce weekly.**
- **Coming Back to OA: A New Beginning – I’m abstinent, now what? – Part III** Saturday, November 4, 2017, 10:30 am to Noon at Lawrence Memorial Hospital in the Johnson Room. Abstinence is not required. All are welcome. Flyer is attached.
- **MBI Opportunities to give service:** MBI is helping Cambridge Health Alliance by staffing an OA table at their Annual Wellness + Benefits Fairs, on the 6<sup>th</sup>, 7<sup>th</sup>, 8<sup>th</sup> and 9<sup>th</sup> of November, at four different locations, 10:30am to 2:30pm each day. See Public Info committee report for details, on page 3 of the September MBI Newsletter. Flyer is attached.
- **Next MBI Meeting** – Saturday, October 21, 2017 – 10:30 AM to noon, Lawrence Memorial Hospital, Medford, MA, in the Gallagher Room. Visitors are welcome!

### **Region 6**

- ***Region 6 Convention: Toronto: Stepping Up for Recovery 2017.*** Convention dates: Friday, October 20<sup>th</sup> – Sunday, October 22<sup>nd</sup>, 2017. Registration ends on October 6<sup>th</sup>. Cost is \$60 CAD. For more details – [www.oaregion6.org](http://www.oaregion6.org)

### **World Service**

- **News from OA WSO** is now being updated monthly in the MBI Newsletter. This information is on page 4. The newsletter is available on the MBI Website, [www.oambi.org](http://www.oambi.org). Make at least one copy of the MBI Newsletter for your group.

**Say:** If you have any questions or want more information, please speak to me at the end of the meeting. Thank you.